

Pakistan

FP2030 Indicator Summary Sheet: 2024 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women	Total users of modern methods of contraception*												
	7,900,000	8,220,000	8,330,000	8,420,000	8,480,000	8,590,000	8,990,000	9,430,000	9,970,000	10,510,000	11,040,000	11,530,000	12,110,000
	Modern contraceptive prevalence rate (mCP)												
	16.4%	16.8%	16.8%	16.7%	16.6%	16.4%	16.9%	17.3%	17.9%	18.4%	18.8%	19.1%	19.6%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	19.1%	18.8%	18.3%	17.9%	17.5%	17.1%	17.0%	16.9%	16.8%	16.6%	16.5%	16.3%	16.0%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	46.1%	47.2%	47.8%	48.2%	48.6%	49.1%	49.7%	50.6%	51.5%	52.4%	53.3%	54.2%	55.1%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Married Women	Total users of modern methods of contraception												
	7,660,000	7,970,000	8,060,000	8,140,000	8,190,000	8,290,000	8,650,000	9,070,000	9,590,000	10,090,000	10,580,000	11,040,000	11,630,000
	Modern contraceptive prevalence rate (mCP)												
	25.3%	25.9%	25.9%	25.7%	25.4%	25.2%	25.7%	26.3%	27.2%	27.9%	28.4%	28.9%	29.6%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	30.0%	29.4%	28.6%	27.9%	27.2%	26.6%	26.3%	26.1%	25.9%	25.6%	25.2%	24.9%	24.6%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	45.7%	46.9%	47.5%	47.9%	48.2%	48.7%	49.4%	50.2%	51.3%	52.1%	53.1%	54.0%	54.8%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Unmarried Women	Total users of modern methods of contraception												
	200,000	210,000	220,000	230,000	240,000	260,000	270,000	290,000	300,000	320,000	340,000	360,000	390,000
	Modern contraceptive prevalence rate (mCP)												
	1.1%	1.2%	1.2%	1.3%	1.3%	1.4%	1.4%	1.5%	1.5%	1.5%	1.6%	1.7%	1.7%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	0.8%	0.8%	0.8%	0.8%	0.8%	0.9%	0.9%	0.9%	0.9%	0.9%	1.0%	1.0%	1.0%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	60.4%	60.4%	60.8%	61.0%	61.7%	61.7%	61.9%	61.7%	62.1%	62.8%	62.9%	62.9%	63.2%

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use													
	2,900,000	3,010,000	3,060,000	3,090,000	3,110,000	3,150,000	3,300,000	3,460,000	3,660,000	3,860,000	4,050,000	4,230,000	4,450,000
Number of unsafe abortions averted due to modern contraceptive use													
	1,526,000	1,587,000	1,609,000	1,626,000	1,638,000	1,658,000	1,737,000	1,821,000	1,925,000	2,030,000	2,132,000	2,226,000	2,339,000
Number of maternal deaths averted due to modern contraceptive use													
	4,100	4,300	4,300	4,400	4,400	4,500	4,700	4,900	5,200	5,500	5,800	6,000	6,300

Couple Years of Protection (CYPs)											Calculated from routine service provision data		
Source CLMIS and PBS reported by the	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
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Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)		
	46	2017-18 DHS
Percent of births that are unintended		
	13%	2017-18 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies													
	5,470,000	5,480,000	5,430,000	5,370,000	5,360,000	5,360,000	5,370,000	5,400,000	5,420,000	5,430,000	5,480,000	5,520,000	5,550,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	35.2%	Source 2017-18 DHS
	Sterilization (male)	0.4%	
	IUD	8.4%	
	Implant	1.6%	
Short-Term Methods	Injectable	10.0%	Population Married Women
	Pill	6.8%	
	Condom (Male)	36.8%	
	Condom (Female)	0.0%	
	LAM	0.8%	
	Standard Days method	0.0%	
	Other Modern Methods	0.0%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	n/a	Source cLMIS
	Sterilization (male)	n/a	
	IUD	26.0%	
	Implant	91.0%	
Short-Term Methods	Injectable	20.0%	Year 2023
	Pill	20.0%	
	Condom (Male)	32.0%	
	Condom (Female)	n/a	
	Emergency Contraception	n/a	
	Other modern methods	n/a	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	---	---	---
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	---	---	---

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	14.5%		28.8%	27.6%	11.8%	2017-18 DHS
Discontinuation while not in need	1.8%		12.6%	12.3%	19.1%	
Total discontinuation (all reasons)	22.9%		46.8%	47.2%	33.2%	
Switching to a different method	6.5%		5.4%	7.3%	2.1%	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	16%	2017-18 DHS	Married Women
Percentage of women who received family planning information during a contact with a health service provider **	25%	2017 DHS	Married Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	44%	2017-18 DHS	---
Private Medical	43%		
Other	13%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	94%	2017-18 DHS	---

Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$172,057,195	2021	FPSA

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women												
5.8%	5.9%	5.9%	5.9%	5.9%	5.9%	5.9%	5.8%	5.7%	5.7%	5.6%	---	---
Married Women												
9.1%	9.3%	9.3%	9.3%	9.2%	9.2%	9.1%	9.0%	8.9%	8.8%	8.6%	8.5%	8.4%
Unmarried Women												
0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.2%	0.2%	0.2%	0.2%	0.2%	---	---

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.