

# CYCLE TECHNOLOGIES COMMITMENT SELF-REPORTING QUESTIONNAIRE 2020



*EWEC Secretariat, PMNCH, FP2020 self-reporting questionnaire to assess progress on implementation of commitments to the Global Strategy on Women's, Children's and Adolescents' Health.*

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## COMMITMENT PROGRESS SUMMARY NARRATIVE

Cycle Technologies has worked to provide women with contraceptive options that meet their needs. Specifically to develop, test, and distribute effective fertility awareness based family planning options. Since our commitment in mid-2017, we have:

1. Distributed free app-based contraceptive solutions to approximately 2 million women.
2. Completed a comprehensive contraceptive efficacy study conducted by researchers at Georgetown University's Institute for Reproductive Health on the DOT app. The study, which was published in "The European Journal of Contraception and Reproductive Health Care" found DOT to be highly effective at preventing pregnancy.
3. Completed studies in eight countries on how app-based options such as DOT and CycleBeads apps address unmet contraceptive need finding that they meet women's need for non-hormonal, easily accessible contraception and can be distributed and supported at a low cost. Furthermore, that these options reach women who are at risk for an unplanned pregnancy.
4. Distributed approximately 1.5 million sets of CycleBeads to programs in low-resource settings such as the Democratic Republic of Congo, Nigeria, Tanzania, and the Philippines.

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## THEMATIC COMMITMENT PROGRESS

### *Ensure universal access to Sexual and Reproductive Health and Rights (SRHR)*

Percentage of women of reproductive age (15-49) who have their need for family planning satisfied with modern methods, Proportion of women aged 15-49 who make their own informed decisions regarding sexual relations, contraceptive use and reproductive health care, Proportion of men and women aged 15-24 with basic knowledge about sexual and reproductive health services and rights

***Geographic Coverage. Check all the geographical levels that you implement your commitment-related activities in?***

Global, Country

***Linkage to National Health Strategies. Are commitment-related objectives and/or targets aligned with the national health strategy of the country or countries in which activities take place in?***

Don't Know

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## EVERY WOMAN EVERY CHILD FOCUS AREAS

### ***Adolescent and Young Adult Health and Well-being***

Applicable

Current Status: Ongoing

Activities Implemented: Approximately 15% of users of Cycle Technologies' technologies, are between the ages of 18-24 as indicated by app analytics.

Financing for Health: Yes

Health System Resilience: Yes

Research and Innovation: Yes

Service Delivery Included: Yes

Data Source: Routine- Project/Program specific information system (non-govt)

### ***Sexual and Reproductive Health and Rights***

Applicable

Current Status: Ongoing

Service Delivery Included: Yes

Activities Implemented: Mobile technologies that can be directly accessed by end users.

***Please explain the reasons for your answer and if and how COVID-19 influenced the projected change (or no change) in financial commitments. If possible, describe the estimated impact the projected change (or no change) might have on women, children and adolescents (maximum 200 words)***

Currently, we have not made a financial commitment.

***Please explain the reasons for your answer and if and how COVID-19 influenced the projected change (or no change) in non-financial commitments. If possible, describe the estimated impact the projected change (or no change) might have on women, children and adolescents***

At this time, we don't expect that COVID-19 will affect our ability to provide technologies in low resource settings. It is possible that there will be reduced funding for the promotion of these services, which could affect our work in the future.

***Success Factors. What factors contributed most to the successful completion of your commitment? In your response, describe successful factors as it relates to completing your commitment's original or updated objectives/targets.***

Cycle Technologies provides low cost, effective fertility awareness solutions. These types of solutions can be offered directly to end users through smartphones and/or through low cost products. While we rely on health programs to educate and raise awareness of these solutions, we are also able to work directly with end users in a highly efficient manner. This allows us greater control over the process and our potential successes and failures.

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