

# NUTRITION INTERNATIONAL SELF REPORTING QUESTION- NAIRE 2020



*EWEC Secretariat, PMNCH, FP2020 self-reporting questionnaire to assess progress on implementation of commitments to the Global Strategy on Women's, Children's and Adolescents' Health.*

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## COMMITMENT PROGRESS SUMMARY NARRATIVE

Progress in 2019: Nutrition International and UNFPA have joined efforts to optimize the impact of nutrition and family planning interventions towards improved nutrition and health outcomes of vulnerable women and adolescent girls. In 2019, the initiative has successfully leveraged UNFPA's family planning and maternal health platforms to integrate and deliver high impact and low-cost nutrition interventions to the target population. Significant progress on commitment activities includes the provision of iron and folic acid supplements to vulnerable women and adolescent girls coupled with nutrition education and counseling services. To further maximize the impact of the intervention, health system was strengthened through the development of nutrition training modules along with capacity building of frontline health workers and mentors from safe space school; equipping them with knowledge and skills related to nutrition. As high-quality nutrition services are provided to beneficiaries, they have the potential to contribute to improvements in their health and nutritional status. Moreover, the initiative enhances health seeking behavior, particularly of adolescents, which in turn contribute to meet their needs and increased well-being and better life outcomes. Results:

- In collaboration with four key partners, the Maternal Nutrition Module was developed and endorsed as part of the Mandatory Continuing Professional Development Program for Nurses and Midwives
- Development of the nutrition module for adolescent girls and its integration in the curriculum of the safe space school
- Nutrition education and literacy skills development were provided to a total of 9,900 adolescent girls
- 10,431 out of school adolescent girls received the recommended scheme of IFA supplements
- 38,815 pregnant women and 33,295 lactating women received nutrition education respectively in ANC and PNC
- 1,717 non pregnant women received nutrition education in the FP sessions
- Capacity building
  - o Nigeria
    - ☐ 565 female mentors trained on nutrition education including healthy diets and micronutrient supplementation for adolescents.
    - ☐ 1,633 nurses and midwives were trained on the maternal nutrition module and 274 health care workers trained on maternal nutrition education and counselling
    - ☐ The cascade training targeted all the 77 project health facilities.
  - o Senegal
    - ☐ 472 health care providers have been trained on nutrition education and IFA supplementation
    - ☐ 770 community workers have been trained on healthy eating and IFA supplementation for adolescent girls and women. Multisectoral linkages: This investment is one of few examples of effective multisectoral collaboration. It seeks to generate lessons on how UNFPA platforms can be leveraged to

avoid costly vertical delivery of interventions to the same populations. Leveraging on existing UNFPA's platforms and projects delivered through government-run clinics, education sector and civil society organizations, the investment maximizes impact of nutrition and health interventions to vulnerable women and adolescent girls.

- **Learned:** Partners made substantial progress in achieving their commitment activities. Beneficiaries' satisfaction on the received nutrition services was perceptible as testified by many success stories reported. However, change in project landscape, has challenged the expected reach in 2019. Successful communication and close collaboration were key to identifying mitigation strategies.

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## **THEMATIC COMMITMENT PROGRESS**

*Reduce global maternal mortality to less than 70 deaths per 100,00 live births*

*Reduce newborn mortality to less than or equal to 12 deaths per 1,000 deaths*

*End all forms of malnutrition*

Prevalence of anaemia in women aged 15-49

*Ensure universal access to Sexual and Reproductive Health and Rights (SRHR)*

*Ensure equitable access to quality education*

*Geographic Coverage. Check all the geographical levels that you implement your commitment-related activities in?*

Country

*Linkage to National Health Strategies. Are commitment-related objectives and/or targets aligned with the national health strategy of the country or countries in which activities take place in?*

Yes

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## **EVERY WOMAN EVERY CHILD FOCUS AREAS**

*Early Childhood Development*

Not Applicable

*Adolescent and Young Adult Health and Wellbeing*

Applicable

Current Status: Ongoing

Activities Implemented:

Development of the nutrition module for adolescent girls and its integration in the curriculum of the safe space school: Adolescent girls in northern Nigeria have to cope with life threatening issues that compromise their potential and future. One of the UNFPA's projects on adolescents, seek to enroll girls in safe spaces where they receive numeracy and literacy classes with an aim to delay early marriage. Following the no missed opportunities for action on nutrition, this investment was able to integrate nutrition module into the curriculum.

o Female mentors trained on nutrition education including healthy diets and micronutrient supplementation for adolescents.

o Nutrition module delivered to adolescent girls in safe space schools in Bauchi, Sokoto and Gombe states in 2019.

In Senegal, vulnerable adolescent girls have limited or no access to quality nutrition and SRH including family planning. Through this initiative, community-based platforms supported by UNFPA were used to provide IFA supplements and nutrition education to out of school girls living in Louga, Kolda and Matam, three remote regions in Senegal.

Individual Potential: Yes

Service Delivery Included: Yes

Adolescent girls and young women (aged 15-24)

### ***Sexual and Reproductive Health and Rights***

Not Applicable

### ***Humanitarian and Fragile Settings***

Not Applicable

### ***Please indicate your projected or anticipated change (if any) in financial commitments from 2019 to 2020.***

Don't know

### ***Please explain the reasons for your answer and if and how COVID-19 influenced the projected change (or no change) in financial commitments. If possible, describe the estimated impact the projected change (or no change) might have on women, children and adolescents (maximum 200 words)***

The teams are still assessing the financial impact of COVID-19 on the planned funds for the project's activities. NI is not planning to reduce the planned financial contribution. However implementing partners may not be able to implement all planned activities which will mean a reduced number of women and adolescent girls will be supplemented and adequately nourished and therefore likely affected by anaemia and other forms of malnutrition. In the long run, this may lead to increased number of low birth weight, stunting and consequently, lower learning capacity and lifetime earnings.

### ***Please indicate your projected or anticipated changes (if any) in non-financial (in-kind) commitments from 2019 to 2020.***

Don't know

### ***Please explain the reasons for your answer and if and how COVID-19 influenced the projected change (or no change) in non-financial commitments. If possible, describe the estimated impact the projected change (or no change) might have on women, children and adolescents (maximum 200 words)***

The teams are still assessing the impact of COVID-19 on the planned funds for the project's activities. NI is not planning to reduce the planned the support provided to partners. However implementing partners may not be able to implement all planned activities which will mean a reduced number of women and adolescent girls will be supplemented.

### ***Success Factors. What factors contributed most to the successful completion of your commitment? In your response, describe successful factors as it relates to completing your commitment's original or updated objectives/targets.***

- Each of the partner's complementing expertise- NI's expertise in nutrition and UNFPA's expertise in SRH
- UNFPA's platforms were leveraged to support project activities.
- Partnering with local implementing partners and NGOs
- Use of various BCC strategies such as comic books, radio spots, hotlines, and youth clubs to sensitize community on IFA supplementation
- Successful communication and close collaboration with partners.

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*Please provide the following information on the point of contact for this update:*

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