

# Lotus Flower Community School Commitment



## Narrative

In Zambia, the current sexual and reproductive health education programs for adolescents reach approximately 50,000 students annually. These programs provide basic reproductive health information but lack a comprehensive approach that addresses gender equality, consent, and respectful relationships. This baseline also indicates limited access to accurate and age-appropriate information about contraception, sexually transmitted infections (STIs), and healthy relationships.

By 2028, in line with Zambia's National Health Strategy, our commitment aims to expand and improve comprehensive sexual and reproductive health education programs for adolescents, empowering young girls with knowledge and skills to make informed decisions about their reproductive health.

## Outcomes & Values

By the end of the specified time period, the commitment aims to accomplish the following two measurable results.

**Increase in students reached:** By 2028, the commitment wants to increase the baseline of 50,000 students per year who receive sexual and reproductive health education to 200,000. Regular program coverage monitoring and evaluation will be used to track this quantifiable outcome.

**Knowledge, attitudes, and behavior change:** The commitment aims to evaluate knowledge gains and behavior change among the target population in order to assess the impact of the programs. This measurable outcome will involve following the development of students' knowledge of sexual and reproductive health, gender equality, consent, and respectful relationships, as well as their adoption of healthy behaviors.

The effectiveness of the programs will also be assessed based on participant feedback. These quantifiable results will enable the commitment to monitor its performance and confirm that it is accomplishing its goals of reaching a greater number of students and bringing about beneficial changes in knowledge, attitudes, and behavior pertaining to sexual and reproductive health.