

# Myanmar

## FP2030 Indicator Summary Sheet: 2024 Measurement Report

### Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

All Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception*												
	3,790,000	3,930,000	4,040,000	4,160,000	4,250,000	4,300,000	4,340,000	4,360,000	4,380,000	4,410,000	4,440,000	4,460,000	4,470,000
	Modern contraceptive prevalence rate (mCP)												
	27.7%	28.5%	29.1%	29.7%	30.2%	30.4%	30.5%	30.6%	30.5%	30.6%	30.7%	30.7%	30.7%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	11.5%	11.2%	10.9%	10.5%	10.3%	10.1%	10.0%	9.9%	9.8%	9.8%	9.7%	9.6%	9.6%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	70.7%	71.8%	72.8%	73.8%	74.6%	75.0%	75.4%	75.5%	75.7%	75.8%	75.9%	76.2%	76.3%

Married Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	3,750,000	3,890,000	4,000,000	4,110,000	4,210,000	4,260,000	4,290,000	4,310,000	4,330,000	4,360,000	4,390,000	4,400,000	4,420,000
	Modern contraceptive prevalence rate (mCP)												
	46.6%	47.9%	49.0%	50.2%	51.1%	51.5%	51.9%	52.1%	52.1%	52.4%	52.6%	52.7%	52.8%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	19.3%	18.7%	18.2%	17.7%	17.3%	17.0%	16.8%	16.8%	16.6%	16.6%	16.5%	16.4%	16.4%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	70.8%	71.9%	72.9%	73.9%	74.7%	75.2%	75.5%	75.7%	75.8%	75.9%	76.2%	76.3%	76.5%

Unmarried Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	40,000	40,000	41,000	42,000	43,000	44,000	44,000	45,000	46,000	47,000	48,000	48,000	49,000
	Modern contraceptive prevalence rate (mCP)												
	0.7%	0.7%	0.7%	0.7%	0.7%	0.7%	0.8%	0.8%	0.8%	0.8%	0.8%	0.8%	0.8%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	62.2%	62.3%	62.8%	63.1%	63.5%	63.7%	63.8%	63.9%	64.1%	64.6%	64.4%	64.6%	65.0%

### Impacts of Modern Contraceptive Use among All Women

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use												
1,430,000	1,490,000	1,530,000	1,570,000	1,610,000	1,630,000	1,640,000	1,650,000	1,660,000	1,670,000	1,680,000	1,680,000	1,690,000
Number of unsafe abortions averted due to modern contraceptive use												
426,000	387,000	455,000	467,000	478,000	483,000	488,000	490,000	492,000	496,000	499,000	501,000	502,000
Number of maternal deaths averted due to modern contraceptive use												
960	1,100	1,000	1,000	1,000	1,000	1,100	1,100	1,100	1,100	1,100	1,100	1,100

#### Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
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### Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)		
	36	2015-16 DHS
Percent of births that are unintended		
	9%	2015-16 DHS

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies												
690,000	400,000	680,000	690,000	690,000	690,000	680,000	680,000	670,000	670,000	660,000	660,000	660,000

## Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	9.3%	Source 2015-16 DHS
	Sterilization (male)	0.6%	
	IUD	5.5%	
	Implant	1.9%	
Short-Term Methods	Injectable	53.7%	Population All Women
	Pill	26.7%	
	Condom (Male)	1.9%	
	Condom (Female)	0.0%	
	LAM	0.0%	
	Standard Days method	0.0%	
	Other Modern Methods	0.3%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	60.8%	Source UNFPA SDP Survey
	Sterilization (male)	n/a	
	IUD	58.6%	
	Implant	66.2%	
Short-Term Methods	Injectable	23.8%	Year 2020
	Pill	28.4%	
	Condom (Male)	34.6%	
	Condom (Female)	93.0%	
	Emergency Contraception	38.6%	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	---	---	---
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	---	---	---

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	1.8%		15.9%	11.1%		2015-16 DHS
Discontinuation while not in need	1.0%		13.9%	21.6%		
Total discontinuation (all reasons)	7.1%		41.5%	43.0%		
Switching to a different method	4.4%		11.6%	10.4%		

## Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	25%	2015-16 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	---	2015-16 DHS	---
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	54%	2015-16 DHS	---
Private Medical	32%		
Other	14%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	98%	2015-16 DHS	---

## Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$6,277,150	2020	FPSA

## Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women												
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Married Women												
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Unmarried Women												
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### Notes

--- indicates no data post 2012 was available

\* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

\*\* Additional disaggregation or details available in the full data set.