

# Lesotho

## FP2030 Indicator Summary Sheet: 2024 Measurement Report

### Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women	Total users of modern methods of contraception*												
	230,000	240,000	260,000	260,000	270,000	280,000	280,000	290,000	300,000	310,000	310,000	320,000	330,000
	Modern contraceptive prevalence rate (mCP)												
	44.0%	46.0%	47.9%	48.6%	49.2%	49.7%	50.1%	50.7%	51.2%	51.7%	52.1%	52.6%	53.0%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	14.2%	13.5%	12.9%	12.4%	12.0%	11.7%	11.4%	11.1%	10.9%	10.7%	10.5%	10.3%	10.3%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	75.6%	77.3%	78.8%	79.7%	80.4%	81.0%	81.5%	82.0%	82.5%	82.8%	83.2%	83.5%	83.7%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Married Women	Total users of modern methods of contraception												
	150,000	160,000	170,000	170,000	180,000	180,000	190,000	190,000	200,000	200,000	210,000	210,000	220,000
	Modern contraceptive prevalence rate (mCP)												
	55.5%	57.6%	59.4%	60.4%	61.2%	62.0%	62.7%	63.3%	63.7%	64.3%	64.8%	65.3%	65.6%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	20.5%	19.6%	18.8%	18.2%	17.6%	17.1%	16.8%	16.2%	15.8%	15.4%	15.1%	14.7%	14.6%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	73.0%	74.5%	75.9%	76.8%	77.6%	78.4%	78.9%	79.6%	80.2%	80.7%	81.1%	81.6%	81.8%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Unmarried Women	Total users of modern methods of contraception												
	76,000	82,000	88,000	90,000	91,000	92,000	94,000	96,000	100,000	100,000	100,000	100,000	110,000
	Modern contraceptive prevalence rate (mCP)												
	30.8%	32.9%	34.8%	35.2%	35.4%	35.4%	35.5%	36.0%	36.7%	37.2%	37.4%	38.0%	38.5%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	6.9%	6.5%	6.1%	5.8%	5.5%	5.2%	5.0%	5.1%	5.1%	5.1%	5.1%	5.1%	5.2%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	81.8%	83.6%	85.2%	85.8%	86.5%	87.1%	87.5%	87.6%	87.7%	87.9%	87.9%	87.9%	87.8%

### Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use													
	86,000	91,000	96,000	98,000	100,000	100,000	100,000	100,000	110,000	110,000	110,000	120,000	120,000
Number of unsafe abortions averted due to modern contraceptive use													
	5,300	9,000	5,900	6,100	6,200	6,400	6,500	6,700	6,900	7,100	7,200	7,400	7,600
Number of maternal deaths averted due to modern contraceptive use													
	350	320	390	400	410	420	430	440	450	460	470	490	500

Couple Years of Protection (CYPs)										Calculated from routine service provision data			
Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
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### Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)		
	91	2018 MICS
Percent of births that are unintended		
	52%	2014 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies													
	48,000	63,000	49,000	49,000	49,000	49,000	49,000	48,000	48,000	48,000	48,000	48,000	48,000

## Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	3.5%	Source 2023-24 DHS (KI)
	Sterilization (male)	0.0%	
	IUD	3.5%	
	Implant	9.6%	
Short-Term Methods	Injectable	40.1%	Population Married Women
	Pill	26.0%	
	Condom (Male)	16.7%	
	Condom (Female)	0.2%	
	LAM	0.2%	
	Standard Days method	0.0%	
	Other Modern Methods	0.3%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	---	Source ---
	Sterilization (male)	---	
	IUD	---	
	Implant	---	
Short-Term Methods	Injectable	---	Year ---
	Pill	---	
	Condom (Male)	---	
	Condom (Female)	---	
	Emergency Contraception	---	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	88%	UNFPA SDP Survey	2021
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	100%	UNFPA SDP Survey	2021

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need			8.5%	11.5%	6.5%	2014 DHS
Discontinuation while not in need			3.1%	5.3%	5.5%	
Total discontinuation (all reasons)			20.7%	27.2%	20.2%	
Switching to a different method			8.6%	10.1%	7.4%	

## Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	27%	2014 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	23%	2014 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	62%	2014 DHS	---
Private Medical	18%		
Other	20%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	93%	2014 DHS	---

## Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$1,191,180	2021	FPSA

## Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women												
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Married Women												
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Unmarried Women												
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### Notes

--- indicates no data post 2012 was available

\* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

\*\* Additional disaggregation or details available in the full data set.