

Uganda

FP2030 Indicator Summary Sheet: 2024 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women	Total users of modern methods of contraception*												
	1,660,000	1,820,000	1,990,000	2,180,000	2,390,000	2,610,000	2,820,000	2,980,000	3,190,000	3,490,000	3,740,000	3,970,000	4,200,000
	Modern contraceptive prevalence rate (mCP)												
	21.6%	22.9%	24.2%	25.5%	26.7%	27.8%	28.8%	29.1%	29.9%	31.4%	32.5%	33.4%	34.1%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	26.0%	25.2%	24.5%	23.8%	23.4%	23.0%	22.6%	22.4%	21.8%	21.4%	21.2%	20.9%	20.5%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	45.4%	47.6%	49.7%	51.7%	53.3%	54.8%	56.0%	56.5%	57.9%	59.5%	60.4%	61.5%	62.4%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Married Women	Total users of modern methods of contraception												
	1,270,000	1,380,000	1,510,000	1,650,000	1,810,000	1,950,000	2,090,000	2,220,000	2,370,000	2,560,000	2,690,000	2,840,000	3,000,000
	Modern contraceptive prevalence rate (mCP)												
	27.7%	29.3%	30.9%	32.6%	34.3%	35.5%	36.4%	36.9%	37.9%	39.3%	39.9%	40.9%	42.0%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	37.1%	36.0%	34.9%	33.9%	33.0%	32.1%	31.1%	30.9%	30.2%	29.3%	29.1%	28.5%	27.8%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	42.7%	44.9%	47.0%	49.0%	51.0%	52.4%	53.9%	54.4%	55.7%	57.3%	57.9%	59.0%	60.1%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Unmarried Women	Total users of modern methods of contraception												
	390,000	430,000	480,000	530,000	570,000	650,000	710,000	750,000	820,000	930,000	1,050,000	1,130,000	1,190,000
	Modern contraceptive prevalence rate (mCP)												
	12.6%	13.4%	14.3%	15.2%	15.8%	16.9%	17.7%	17.9%	18.5%	20.2%	22.0%	22.8%	23.2%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	9.4%	9.3%	9.3%	9.3%	9.6%	9.9%	10.5%	10.3%	9.8%	10.0%	10.1%	10.1%	10.1%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	57.3%	59.0%	60.6%	61.9%	62.2%	63.1%	62.9%	63.5%	65.5%	66.7%	68.3%	69.1%	69.7%

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use													
	620,000	680,000	740,000	810,000	890,000	970,000	1,050,000	1,110,000	1,190,000	1,300,000	1,390,000	1,480,000	1,570,000
Number of unsafe abortions averted due to modern contraceptive use													
	154,000	169,000	185,000	202,000	221,000	242,000	261,000	276,000	296,000	324,000	347,000	369,000	390,000
Number of maternal deaths averted due to modern contraceptive use													
	1,400	1,500	1,600	1,800	2,000	2,200	2,300	2,500	2,700	2,900	3,100	3,300	3,500

Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
DHS2	---	---	---	1,789,963	1,487,136	1,924,431	1,760,102	2,272,875	4,106,324	5,034,709	5,188,908	4,403,935

Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)		
	112	2018-19 MIS
Percent of births that are unintended		
	34%	2022 DHS (National)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies													
	920,000	930,000	940,000	950,000	970,000	990,000	1,020,000	1,040,000	1,070,000	1,090,000	1,110,000	1,120,000	1,120,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	6.1%	Source 2022 DHS (National)
	Sterilization (male)	0.3%	
	IUD	5.1%	
	Implant	31.0%	
Short-Term Methods	Injectable	37.4%	Population All Women
	Pill	6.1%	
	Condom (Male)	6.7%	
	Condom (Female)	5.7%	
	LAM	1.7%	
	Standard Days method	0.0%	
	Other Modern Methods	0.0%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	18.7%	Source UNFPA SDP Survey
	Sterilization (male)	20.9%	
	IUD	18.4%	
	Implant	17.8%	
Short-Term Methods	Injectable	17.5%	Year 2023
	Pill	18.0%	
	Condom (Male)	13.3%	
	Condom (Female)	64.0%	
	Emergency Contraception	24.9%	
	Other modern methods	n/a	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	76%	UNFPA SDP Survey	2023
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	93%	UNFPA SDP Survey	2023

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	---	---	---	---	---
Discontinuation while not in need	---	---	---	---	---	
Total discontinuation (all reasons)	---	---	---	---	---	
Switching to a different method	---	---	---	---	---	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	48%	2022 PMA - P3	All Women
Percentage of women who received family planning information during a contact with a health service provider **	40%	2022 PMA - P3	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	64%	2022 PMA - P3	---
Private Medical	33%		
Other	3%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	73%	2022 PMA P3	---

Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$728,510	2020	FPSA

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women												
3.0%	3.0%	3.0%	3.0%	3.2%	3.3%	3.7%	4.0%	4.1%	4.2%	4.2%	---	---
Married Women												
4.1%	4.1%	4.2%	4.3%	4.6%	4.4%	4.9%	5.3%	5.5%	5.3%	5.3%	5.1%	5.0%
Unmarried Women												
1.2%	1.2%	1.2%	1.2%	1.3%	1.6%	1.9%	2.0%	2.2%	2.5%	2.6%	---	---

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.