

# Sao Tome and Principe

## FP2030 Indicator Summary Sheet: 2024 Measurement Report

### Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

All Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception*												
	12,000	13,000	14,000	14,000	15,000	15,000	16,000	17,000	17,000	18,000	19,000	20,000	21,000
	Modern contraceptive prevalence rate (mCP)												
	28.6%	29.5%	30.4%	31.1%	31.7%	32.4%	33.1%	33.7%	34.3%	34.8%	35.3%	35.8%	36.2%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	26.2%	26.0%	25.8%	25.4%	25.0%	24.5%	24.1%	23.7%	23.1%	22.6%	22.1%	21.6%	21.2%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	52.2%	53.1%	54.0%	55.0%	55.9%	56.8%	57.8%	58.7%	59.6%	60.6%	61.4%	62.4%	63.1%

Married Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	9,100	9,500	9,800	10,000	10,000	11,000	11,000	12,000	12,000	13,000	13,000	14,000	14,000
	Modern contraceptive prevalence rate (mCP)												
	37.0%	38.1%	39.1%	40.2%	41.3%	42.4%	43.4%	44.5%	45.4%	46.2%	46.9%	47.6%	48.3%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	37.6%	36.6%	35.5%	34.6%	33.7%	32.7%	31.7%	31.0%	30.1%	29.4%	28.9%	28.2%	27.5%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	49.6%	51.0%	52.4%	53.8%	55.1%	56.5%	57.8%	58.9%	60.0%	61.0%	61.9%	62.9%	63.6%

Unmarried Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	3,700	3,900	4,100	4,300	4,400	4,700	4,900	5,100	5,300	5,600	5,900	6,200	6,500
	Modern contraceptive prevalence rate (mCP)												
	18.4%	19.1%	19.7%	20.1%	20.4%	20.8%	21.3%	21.7%	21.9%	22.1%	22.5%	22.8%	23.1%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	12.5%	13.3%	14.1%	14.4%	14.6%	14.8%	15.1%	15.4%	15.1%	14.8%	14.5%	14.0%	13.9%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	59.5%	58.9%	58.3%	58.7%	58.7%	58.8%	58.7%	58.6%	59.4%	60.3%	61.0%	61.7%	62.8%

### Impacts of Modern Contraceptive Use among All Women

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use												
4,700	4,900	5,100	5,300	5,500	5,700	6,000	6,200	6,500	6,800	7,100	7,400	7,700
Number of unsafe abortions averted due to modern contraceptive use												
1,200	1,300	1,300	1,300	1,400	1,500	1,500	1,600	1,600	1,700	1,800	1,900	2,000
Number of maternal deaths averted due to modern contraceptive use												
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#### Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
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### Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)		
	86	2019 MICS
Percent of births that are unintended		
	66%	2019 MICS

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies												
7,900	8,100	7,800	7,600	7,500	7,300	7,200	7,200	7,100	7,300	7,300	7,400	7,500

## Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	1.4%	Source 2019 MICS
	Sterilization (male)	0.3%	
	IUD	4.0%	
	Implant	5.3%	
Short-Term Methods	Injectable	40.1%	Population All Women
	Pill	35.3%	
	Condom (Male)	11.3%	
	Condom (Female)	1.1%	
	LAM	0.4%	
	Standard Days method	0.8%	
	Other Modern Methods	0.0%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	---	Source ---
	Sterilization (male)	---	
	IUD	---	
	Implant	---	
Short-Term Methods	Injectable	---	Year ---
	Pill	---	
	Condom (Male)	---	
	Condom (Female)	---	
	Emergency Contraception	---	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	---	---	---
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	---	---	---

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	---	---	---	---	---
Discontinuation while not in need	---	---	---	---	---	
Total discontinuation (all reasons)	---	---	---	---	---	
Switching to a different method	---	---	---	---	---	

## Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	---	---	---
Percentage of women who received family planning information during a contact with a health service provider **	---	---	---
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	---	---	---
Private Medical	---		
Other	---		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	---	---	---

## Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$246,178	2022	FPSA

## Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women												
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Married Women												
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Unmarried Women												
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### Notes

--- indicates no data post 2012 was available

\* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

\*\* Additional disaggregation or details available in the full data set.