

Nepal

FP2030 Indicator Summary Sheet: 2024 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

All Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception*												
	2,340,000	2,360,000	2,380,000	2,400,000	2,520,000	2,650,000	2,670,000	2,720,000	2,750,000	2,830,000	2,880,000	2,920,000	2,990,000
	Modern contraceptive prevalence rate (mCP)												
	32.1%	31.9%	31.6%	31.4%	32.3%	33.3%	32.8%	32.8%	32.4%	32.4%	32.3%	32.3%	32.6%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	25.3%	25.1%	25.0%	25.2%	24.7%	24.0%	24.2%	24.3%	25.1%	25.7%	26.3%	26.5%	26.5%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	56.0%	55.9%	55.8%	55.4%	56.6%	58.1%	57.6%	57.5%	56.4%	55.7%	55.2%	54.9%	55.2%

Married Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	2,310,000	2,320,000	2,340,000	2,360,000	2,480,000	2,620,000	2,630,000	2,680,000	2,710,000	2,780,000	2,830,000	2,870,000	2,940,000
	Modern contraceptive prevalence rate (mCP)												
	42.6%	42.3%	42.1%	41.8%	43.0%	44.4%	43.8%	43.8%	43.1%	42.9%	42.7%	42.6%	42.9%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	33.9%	33.8%	33.7%	34.0%	33.3%	32.4%	32.6%	32.7%	33.8%	34.5%	35.2%	35.5%	35.3%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	55.7%	55.6%	55.5%	55.1%	56.3%	57.8%	57.3%	57.2%	56.1%	55.4%	54.8%	54.6%	54.9%

Unmarried Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	35,000	35,000	35,000	36,000	37,000	38,000	40,000	42,000	44,000	46,000	48,000	48,000	49,000
	Modern contraceptive prevalence rate (mCP)												
	1.9%	1.8%	1.8%	1.8%	1.8%	1.9%	1.9%	1.9%	2.0%	2.1%	2.1%	2.1%	2.1%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	0.3%	0.2%	0.2%	0.2%	0.2%	0.2%	0.3%	0.3%	0.3%	0.3%	0.3%	0.3%	0.3%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	88.0%	88.3%	88.5%	88.3%	88.2%	88.2%	88.2%	88.2%	88.2%	88.2%	88.2%	88.3%	88.4%

Impacts of Modern Contraceptive Use among All Women

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use												
910,000	910,000	920,000	930,000	970,000	1,030,000	1,030,000	1,050,000	1,060,000	1,090,000	1,110,000	1,130,000	1,150,000
Number of unsafe abortions averted due to modern contraceptive use												
461,000	481,000	468,000	472,000	495,000	522,000	525,000	535,000	541,000	556,000	567,000	574,000	587,000
Number of maternal deaths averted due to modern contraceptive use												
1,300	1,300	1,300	1,300	1,400	1,500	1,500	1,500	1,500	1,600	1,600	1,600	1,700

Couple Years of Protection (CYPs)										Calculated from routine service provision data			
Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
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Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)		
	71	2022 DHS
Percent of births that are unintended		
	21%	2022 DHS

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies												
730,000	850,000	730,000	720,000	720,000	710,000	710,000	710,000	710,000	720,000	730,000	730,000	720,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	32.1%	Source 2022 DHS
	Sterilization (male)	8.3%	
	IUD	3.1%	
	Implant	14.1%	
Short-Term Methods	Injectable	21.4%	Population All Women
	Pill	10.4%	
	Condom (Male)	10.7%	
	Condom (Female)	0.0%	
	LAM	0.0%	
	Standard Days method	0.0%	
	Other Modern Methods	0.0%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	---	Source UNFPA SDP Survey
	Sterilization (male)	---	
	IUD	71.8%	
	Implant	50.0%	
Short-Term Methods	Injectable	0.4%	Year 2022
	Pill	0.4%	
	Condom (Male)	0.0%	
	Condom (Female)	100.0%	
	Emergency Contraception	64.5%	
	Other modern methods	na	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	98%	UNFPA SDP Survey	2022
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	89%	UNFPA SDP Survey	2022

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need		4.8%	15.4%	12.5%	6.3%	2022 DHS
Discontinuation while not in need		1.9%	33.1%	46.3%	44.9%	
Total discontinuation (all reasons)		8.0%	51.9%	65.9%	59.6%	
Switching to a different method		3.8%	12.4%	9.0%	8.2%	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	33%	2022 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	17%	2022 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	69%	2022 DHS	---
Private Medical	28%		
Other	3%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	92%	2022 DHS	---

Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$5,267,280	2021	FPSA

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women												
5.1%	5.3%	5.6%	6.4%	7.2%	7.0%	7.1%	7.2%	8.4%	9.6%	10.8%	---	---
Married Women												
6.8%	7.1%	7.5%	8.7%	9.7%	9.4%	9.5%	9.7%	11.3%	12.8%	14.5%	14.7%	14.5%
Unmarried Women												
0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	---	---

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.