

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

All Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception*												
	430,000	450,000	490,000	530,000	540,000	550,000	560,000	580,000	590,000	610,000	620,000	630,000	640,000
	Modern contraceptive prevalence rate (mCP)												
	23.6%	23.2%	22.8%	22.3%	21.8%	21.4%	21.5%	21.5%	21.6%	21.7%	21.7%	21.8%	21.9%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	17.6%	17.4%	17.2%	17.1%	16.9%	16.7%	17.0%	17.4%	17.8%	18.2%	18.5%	18.7%	18.5%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	57.4%	57.2%	56.9%	56.7%	56.3%	56.1%	55.7%	55.3%	54.9%	54.4%	54.0%	53.8%	54.2%

Married Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	420,000	440,000	490,000	520,000	530,000	540,000	550,000	570,000	580,000	600,000	610,000	610,000	620,000
	Modern contraceptive prevalence rate (mCP)												
	42.1%	41.4%	40.5%	39.4%	38.5%	37.7%	37.7%	37.8%	38.0%	38.1%	38.2%	38.4%	38.8%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	30.5%	30.1%	29.8%	29.4%	29.0%	28.8%	29.2%	29.9%	30.5%	31.2%	31.9%	32.3%	32.1%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	58.0%	57.9%	57.6%	57.4%	57.0%	56.8%	56.4%	55.9%	55.5%	54.9%	54.5%	54.3%	54.8%

Unmarried Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	4,600	5,100	5,900	6,700	7,300	7,600	8,100	8,400	8,900	9,500	9,900	10,000	10,000
	Modern contraceptive prevalence rate (mCP)												
	0.6%	0.6%	0.6%	0.6%	0.7%	0.7%	0.7%	0.7%	0.7%	0.8%	0.8%	0.8%	0.8%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	1.4%	1.4%	1.4%	1.4%	1.4%	1.4%	1.4%	1.4%	1.4%	1.4%	1.5%	1.5%	1.5%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	28.6%	29.3%	29.9%	30.4%	31.1%	31.6%	32.5%	33.2%	33.6%	34.2%	34.9%	35.7%	36.1%

Impacts of Modern Contraceptive Use among All Women

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use												
160,000	160,000	180,000	190,000	200,000	200,000	210,000	210,000	220,000	220,000	230,000	230,000	230,000
Number of unsafe abortions averted due to modern contraceptive use												
49,000	51,000	56,000	60,000	62,000	62,000	64,000	66,000	68,000	70,000	71,000	72,000	73,000
Number of maternal deaths averted due to modern contraceptive use												
30	40	40	40	40	40	50	50	50	50	50	50	50

Couple Years of Protection (CYPs)										Calculated from routine service provision data			
Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2023
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Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)		
	27	2017-18 DHS
Percent of births that are unintended		
	18%	2023 DHS

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies												
160,000	150,000	170,000	180,000	190,000	190,000	190,000	200,000	200,000	200,000	200,000	200,000	200,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	6.0%	Source 2023 DHS
	Sterilization (male)	0.0%	
	IUD	52.0%	
	Implant	1.8%	
Short-Term Methods	Injectable	2.3%	Population Married Women
	Pill	21.4%	
	Condom (Male)	15.4%	
	Condom (Female)	0.0%	
	LAM	1.0%	
	Standard Days method	0.0%	
	Other Modern Methods	0.0%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	---	Source ---
	Sterilization (male)	---	
	IUD	---	
	Implant	---	
Short-Term Methods	Injectable	---	Year ---
	Pill	---	
	Condom (Male)	---	
	Condom (Female)	---	
	Emergency Contraception	---	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	---	---	---
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	---	---	---

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	3.9%		19.7%	11.5%	9.2%	2017-18 DHS
Discontinuation while not in need	6.7%		19.5%	17.7%	15.4%	
Total discontinuation (all reasons)	13.3%		59.4%	37.1%	32.2%	
Switching to a different method	2.7%		20.1%	7.7%	6.2%	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	46%	2023 DHS	Ever Married
Percentage of women who received family planning information during a contact with a health service provider **	31%	2023 DHS	Ever married
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	52%	2023 DHS	---
Private Medical	48%		
Other	0%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	96%	2023 DHS	---

Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)			

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women												
10.5%	10.0%	9.5%	9.0%	8.6%	8.2%	8.8%	9.4%	10.1%	10.8%	11.5%	---	---
Married Women												
18.7%	17.9%	16.9%	16.1%	15.2%	14.5%	15.5%	16.7%	17.9%	19.2%	20.4%	21.5%	21.4%
Unmarried Women												
0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	---	---

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.