

# Tajikistan

## FP2030 Indicator Summary Sheet: 2024 Measurement Report

### Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

All Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception*												
	380,000	390,000	400,000	420,000	430,000	440,000	450,000	460,000	480,000	490,000	500,000	520,000	530,000
	Modern contraceptive prevalence rate (mCP)												
	18.5%	18.6%	18.8%	19.1%	19.4%	19.6%	19.7%	19.9%	20.0%	20.2%	20.4%	20.5%	20.7%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	17.7%	17.8%	17.9%	18.0%	18.0%	18.0%	18.0%	17.9%	17.8%	17.7%	17.7%	17.5%	17.2%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	51.1%	51.1%	51.2%	51.5%	51.8%	52.1%	52.4%	52.6%	52.9%	53.3%	53.6%	54.0%	54.7%

Married Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	380,000	390,000	400,000	410,000	420,000	440,000	450,000	460,000	470,000	490,000	500,000	510,000	520,000
	Modern contraceptive prevalence rate (mCP)												
	26.1%	26.2%	26.3%	26.6%	26.8%	27.1%	27.2%	27.3%	27.5%	27.7%	27.9%	28.1%	28.5%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	24.9%	24.9%	25.0%	25.0%	24.9%	24.9%	24.7%	24.6%	24.3%	24.2%	24.1%	23.9%	23.6%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	51.2%	51.2%	51.2%	51.6%	51.9%	52.1%	52.4%	52.7%	53.0%	53.4%	53.7%	54.0%	54.7%

Unmarried Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	4,600	4,600	4,600	4,500	4,400	4,400	4,500	4,600	4,700	4,900	5,000	5,200	5,500
	Modern contraceptive prevalence rate (mCP)												
	0.7%	0.7%	0.7%	0.7%	0.7%	0.7%	0.7%	0.7%	0.7%	0.7%	0.7%	0.7%	0.8%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	0.8%	0.8%	0.8%	0.8%	0.8%	0.8%	0.8%	0.8%	0.8%	0.8%	0.7%	0.7%	0.7%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	48.9%	48.5%	48.1%	47.7%	47.3%	46.5%	47.0%	47.8%	48.5%	48.6%	49.4%	49.8%	50.5%

### Impacts of Modern Contraceptive Use among All Women

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use												
140,000	140,000	150,000	150,000	160,000	160,000	170,000	170,000	180,000	180,000	190,000	190,000	200,000
Number of unsafe abortions averted due to modern contraceptive use												
60,000	69,000	63,000	65,000	67,000	69,000	71,000	72,000	74,000	76,000	78,000	80,000	83,000
Number of maternal deaths averted due to modern contraceptive use												
80	90	80	90	90	90	100	100	100	100	110	110	110

Couple Years of Protection (CYPs)										Calculated from routine service provision data			
Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2023
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### Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)		
	54	2017 DHS
Percent of births that are unintended		
	5%	2017 DHS

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies												
82,000	190,000	87,000	88,000	87,000	85,000	87,000	87,000	87,000	86,000	86,000	85,000	84,000

## Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	7.5%	Source 2023 DHS (KI)
	Sterilization (male)	0.0%	
	IUD	64.6%	
	Implant	0.4%	
Short-Term Methods	Injectable	3.6%	Population Married Women
	Pill	7.1%	
	Condom (Male)	13.2%	
	Condom (Female)	0.0%	
	LAM	3.6%	
	Standard Days method	0.0%	
	Other Modern Methods	0.0%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	---	Source ---
	Sterilization (male)	---	
	IUD	---	
	Implant	---	
Short-Term Methods	Injectable	---	Year ---
	Pill	---	
	Condom (Male)	---	
	Condom (Female)	---	
	Emergency Contraception	---	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	---	---	---
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	---	---	---

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	10.0%		31.7%	17.2%	16.0%	2017 DHS
Discontinuation while not in need	6.0%		12.9%	33.6%	17.1%	
Total discontinuation (all reasons)	17.0%		47.0%	54.7%	35.6%	
Switching to a different method	1.0%		2.4%	3.8%	2.5%	

## Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	68%	2017 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	38%	2017 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	89%	2017 DHS	---
Private Medical	11%		
Other	0%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	83%	2017 DHS	---

## Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$1,948,745	2022	FPSA

## Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women												
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Married Women												
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Unmarried Women												
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### Notes

--- indicates no data post 2012 was available

\* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

\*\* Additional disaggregation or details available in the full data set.