

Mozambique

FP2030 Indicator Summary Sheet: 2024 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

All Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception*												
	850,000	1,050,000	1,290,000	1,530,000	1,660,000	1,750,000	1,850,000	1,920,000	2,030,000	2,130,000	2,240,000	2,380,000	2,530,000
	Modern contraceptive prevalence rate (mCP)												
	14.9%	17.9%	21.2%	24.4%	25.4%	25.8%	26.5%	26.6%	27.2%	27.7%	28.1%	29.0%	29.9%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	21.2%	21.3%	21.2%	21.0%	20.9%	20.9%	21.2%	21.4%	21.6%	21.7%	21.8%	21.7%	21.4%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	41.2%	45.6%	50.0%	53.7%	54.9%	55.1%	55.7%	55.4%	55.6%	55.9%	56.2%	57.1%	58.3%

Married Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	540,000	670,000	820,000	980,000	1,050,000	1,100,000	1,150,000	1,170,000	1,220,000	1,270,000	1,310,000	1,400,000	1,490,000
	Modern contraceptive prevalence rate (mCP)												
	14.2%	17.1%	20.4%	23.5%	24.4%	24.7%	25.1%	25.0%	25.2%	25.6%	25.8%	26.8%	27.9%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	24.8%	25.2%	25.3%	25.4%	25.3%	25.5%	25.8%	26.4%	26.8%	27.2%	27.4%	27.2%	26.9%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	36.4%	40.4%	44.6%	48.0%	49.1%	49.3%	49.3%	48.7%	48.6%	48.5%	48.6%	49.5%	50.9%

Unmarried Women	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
	Total users of modern methods of contraception												
	300,000	380,000	460,000	550,000	600,000	640,000	700,000	730,000	800,000	850,000	920,000	970,000	1,040,000
	Modern contraceptive prevalence rate (mCP)												
	16.5%	19.5%	22.9%	26.1%	27.1%	27.8%	29.0%	29.3%	30.5%	31.3%	32.2%	32.6%	33.4%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
	13.9%	13.5%	12.9%	12.3%	12.2%	12.1%	12.1%	12.0%	12.0%	11.9%	11.9%	11.8%	11.7%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	54.2%	59.0%	63.8%	67.9%	68.9%	69.6%	70.6%	71.1%	71.9%	72.3%	73.0%	73.5%	73.8%

Impacts of Modern Contraceptive Use among All Women

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use												
320,000	390,000	480,000	570,000	620,000	650,000	690,000	720,000	760,000	800,000	840,000	890,000	950,000
Number of unsafe abortions averted due to modern contraceptive use												
106,000	98,000	161,000	192,000	207,000	218,000	231,000	240,000	253,000	266,000	279,000	297,000	316,000
Number of maternal deaths averted due to modern contraceptive use												
330	420	510	610	660	690	740	760	810	850	890	940	1,000

Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
DHS2	---	---	---	---	---	2,667,988	3,572,554	3,421,246	4,023,131	4,634,308	5,120,152	5,569,162

Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)		
	180	2018 MIS
Percent of births that are unintended		
	24%	2022-23 DHS

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies												
580,000	460,000	590,000	600,000	620,000	630,000	650,000	660,000	670,000	680,000	690,000	700,000	710,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	2.0%	Source 2022-23 DHS
	Sterilization (male)	0.0%	
	IUD	3.6%	Population All Women
	Implant	23.2%	
Short-Term Methods	Injectable	41.6%	
	Pill	15.6%	
	Condom (Male)	12.8%	
	Condom (Female)	0.4%	
	LAM	0.4%	
	Standard Days method	0.0%	
	Other Modern Methods	0.4%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	---	Source nSIMAM
	Sterilization (male)	---	
	IUD	21.0%	Year 2023
	Implant	25.0%	
Short-Term Methods	Injectable	26.0%	
	Pill	25.0%	
	Condom (Male)	30.0%	
	Condom (Female)	44.0%	
	Emergency Contraception	47.0%	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	59%	nSIMAM	2023
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	28%	nSIMAM	2023

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	---	---	---	---	---
Discontinuation while not in need	---	---	---	---	---	
Total discontinuation (all reasons)	---	---	---	---	---	
Switching to a different method	---	---	---	---	---	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	46%	2022-23 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	32%	2022-23 DHS	All women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	85%	2022 DHS	---
Private Medical	10%		
Other	5%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	67%	2022-23 DHS	---

Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$3,459,445	2021	FPSA

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women												
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Married Women												
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Unmarried Women												
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Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.

